

How to Contact Us...

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The Hive (Avon) Ltd
Registered Charity Number: 1126618
Limited Company Number: 6694738

give with confidence



Helping, Including, Valuing, Empowering
... the learning disabled community

Advocacy Service



The Hive (Avon) Limited
Registered Charity Number: 1126618
Limited Company Number: 6694738

What is an advocate?

An advocate is someone who helps you to speak up for yourself.

They can also speak up for you if you find it hard to do this yourself.

You can speak to an advocate if you are not happy about something

Some of the ways an advocate can help



help you understand your rights

help you speak up if you are not happy about something



make sure you have choices in your life

support you in meetings



help you to explain things to your social worker

help with difficult paperwork and fill in forms



We can also help you



speak up if you are not happy about how you want to live your life



explain what you want, to your family and other people in your life



to make changes so you are happier

Our Advocacy service will



- Listen to you and respect your dignity and privacy
- Help you to understand things
- Keep your information private - We will only talk to other people about you if we need to keep you or someone else safe

Our Advocacy service will not



- Charge you: this service is **free** if you live in Bristol or South Glos.
- Do things that you can do for yourself
- Be there all the time - If we are not able to help we will try and find someone who can